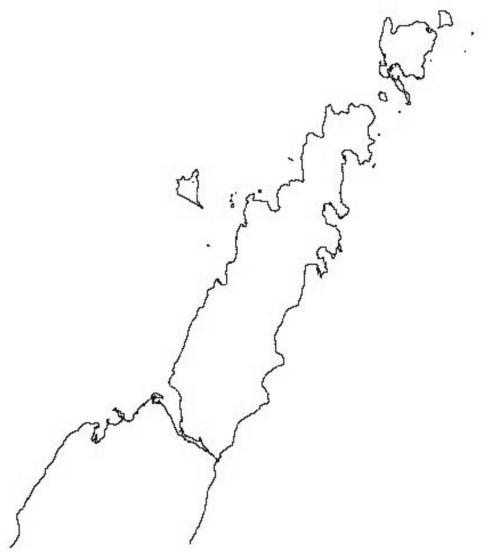
# PROGRAMS & SERVICES FOR OLDER ADULTS IN DOOR COUNTY



Door County Department of Social Services
County Government Center
421 Nebraska Street
Sturgeon Bay, WI 54235
920-746-2300

## My Important Numbers

Personal Information		
Name		
Home address		
Telephone		
Birth Date		
	Medical Information	n
Doctor		
Phone		
Doctor		
Phone		
Doctor		
Phone		
Blood type		
Do Not Resuscitate Bracelet?	YESNO	
Di aceiet:	Where kept?	
Durable Power	YESNO	
of Attorney for Health care?	Where kept?	
Tot Treatiti care.		
	<b>Emergency Informati</b>	ion
Emergency contact		
Relationship		
Phone number(s)	Home	Work
Emergency contact		
Relationship		
Phone number(s)	Home	Work
	Any Other Information	on

# **Emergency Numbers**

#### **PUBLIC SAFETY**

Emergencies, call:

Fire, Police, Sheriff's Department or Rescue/Ambulance - Dial 911

Coast Guard – (920) 743-3366. If no answer, call (800) 321-4400

Poison Control Center - (800) 222-1222

State Patrol, Fond du Lac -

(920) 929-3700

US Secret Service, Milwaukee -

(414) 297-3587

FBI, Green Bay - (920) 432-3868 or Milwaukee - (414) 276-4684

Non-emergencies, call:

Door County Sheriff's Department -

(920) 746-2400 or (920) 854-6060

Sturgeon Bay Police Department -

(920) 746-2450 or (920) 854-6060

Sturgeon Bay Fire Department -

(920) 746-2916

Sister Bay/Liberty Grove Fire Department

(920) 854-4021

Sturgeon Bay Rescue/Ambulance -

(920) 743-5461

Sister Bay/Liberty Grove Rescue/Ambulance - (920) 854-4333

Crises & Intervention:

Alcohol & Drugs Referral -

(800) 454-8966

**Door County Sexual Assault Center -**

(920) 746-8996

**HELP of Door County Helpline –** 

(920) 743-8818 or (800) 914-3571

# PROGRAMS & SERVICES FOR OLDER ADULTS IN DOOR COUNTY

This listing is arranged alphabetically by program/service and individual provider.

#### **ADVANCED DIRECTIVES**

♦ Door County Memorial Hospital – Assistance is available the first Wednesday of each month from 1:00-2:00 p.m. in the Chapel at Door County Memorial Hospital to assist with Health Care Power of Attorney or answer questions regarding Advance Directives.

#### **DURABLE MEDICAL EQUIPMENT**

Bay Pharmacy – Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Also sells specialized medical supplies such as support hose, nutritional supplements and incontinence products. Will bill Medicare, Medicaid and private insurance where appropriate.

Call (920) 746-2158

Green Bay Home Medical – Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Specialized medical supplies also available. Will bill Medicare, Medicaid and private insurance where appropriate.

Call (920) 465-3000

Neighbor to Neighbor Medical Equipment Loan Closet – The medical equipment loan closet provides free equipment (on loan) to those in need. Equipment includes wheelchairs, lift chairs, hospital beds, walkers, commodes, etc. There is also a gift closet for medical supplies like incontinence products and nutritional supplements.

Call (920) 743-7800

#### **EDUCATIONAL OPPORTUNITIES**

♦ The Clearing: Located in Ellison Bay, this "folk school" offers a natural setting in which to clear one's mind and come to a better understanding of nature and one's own place in the world. Simplicity, artistic surroundings, small classes, and excellent teachers combine to foster learning in a cooperative, family-like atmosphere. A variety of workshops are offered throughout the year. The cost of each workshop varies.

Call (920) 854-4088

Door County Learning in Retirement Series

– This is a series of courses offered at NWTC and
focuses on senior issues, expanding one's
knowledge, appreciating the arts and developing
new skills/hobbies. Classes are offered during both
the fall and spring semesters. The cost is \$30.00
per semester, per person and includes as many
classes as one would like to attend.

Call (920) 746-8007

Door County YMCA – Located in Sturgeon Bay and in Fish Creek, this organization offers a variety of health and exercise-based courses to people of all ages and abilities. Through quality programs, services and community partnership, the YMCA strives to develop potential in people's spirits, minds and bodies. A fee is charged for most classes and financial assistance is available to those in need.

Call (920) 743-4949 – Sturgeon Bay Program Center Call (920) 868-3660 – Fish Creek Program Center

National Alliance for Mental Illness (NAMI) NAMI offers educational sessions, featuring guest presenters, on a variety of topics related to mental illness. These sessions are held on the 2<sup>nd</sup> Monday of the month at 7:15 p.m. at Hope United Church of Christ in Sturgeon Bay. The Family to Family Education Program, a 12-week course on issues related to mental illness, is also offered periodically throughout the year.

Call Marlys Trunkhill at 743-6162 or HELP of Door County at 743-8818 for more information. Registration is not necessary for the monthly sessions.

#### **Educational Opportunities** (cont.)

- Northeast Wisconsin Technical College (NWTC) – This school offers a variety of nonacademic courses at affordable prices.
   Call (920) 743-2207 for more information
- Peninsula Art School Located in Fish Creek, this school offers a variety of avenues for exploration in the visual arts. Throughout the year, over 200 one-to five-day workshops are scheduled with nationally recognized faculty in watercolor, painting, drawing, ceramics, jewelry, photography & more. PAS serves students of all ages and abilities from beginner to professional artist. The cost of each workshop varies.
  Call (920) 868-3455

## FINANCIAL ASSISTANCE & BENEFIT COUNSELING

- Bay View Lutheran Church Emergency Fund
  - This program is used in emergency situations (i.e.: money to purchase prescriptions / medical procedures, rent payments, security deposits, outstanding bills, food, etc.). This fund is accessed for those individuals whose need does not qualify for other assistance programs. Referrals must be made by an organization on behalf of the potential recipient.
  - Call the church office at (920) 743-4705
- ♦ Door County Benefit Specialist Assists those aged 60 and over by providing accurate and current information on your benefits, suggesting alternative actions that you can take to secure benefits or appeal denials of benefits, advocating on your behalf with other parties, explaining what legal action or other possible solution is required and referring you to an appropriate attorney when necessary.
  Call Lynn Christenson at (920) 746-2546,
  - Senior Resource Center
- Door County Department of Social Services

   Provides financial assistance in the form of FoodShare, Medicaid, payment of Medicare premiums and energy assistance to those who meet eligibility guidelines. Provides temporary emergency assistance to needy families as well.
  - Call (920) 746-2300 and ask for Economic Support intake or your ES case manager

- ♦ Door County Memorial Hospital Community Care – The hospital provides community care for all services provided to the general public via the hospital (inpatient and outpatient) and Ministry Home Care (home health agency). Patient bills may be written off to charity care on the basis of the patient/family's annual income. Call DCMH at (920) 743-5566
- Door County Veteran's Service Office This office provides assistance to honorably discharged veterans and their families. Assistance includes information on and help applying for benefits through the Veterans Administration and Veterans Affairs such as loans, compensation, pensions, death benefits, medications, medical care and nursing home placement.

Call (920) 746-2226

FISC – This agency provides consumer credit counseling and assistance in managing finances and reducing debt. Credit card interest can be significantly reduced via a Debt Management Plan.

Call Gay Pustaver at (920) 743-1862

- Ministry Fund (also known as Katie's Fund)

   This program is used to pay for health & welfare related emergencies such as shelter, transportation, food, fuel/utilities, medications, outstanding medical/dental bills, etc.
   Call Katie Graf at (920) 743-5566
- St. Joseph's Parish Emergency Fund This program is designed to assist individuals in emergency situations.
  - Call the church office at (920) 743-2062
- Salvation Army Provides emergency funding to those in need of assistance for essential items such as food, personal items, clothing, rent, shelter, etc.
  - Call Door County Department of Social Services (920) 746-2300
- Property Tax Deferral Loan, Wisconsin Housing & Economic Development Authority – Eligible seniors are no longer required to pay property taxes during their lifetime. However, his/her heirs will be responsible to pay back the loan upon the senior's death.

Call Gail Beyer at (800) 334-6873, ext. 624

#### **FOOD**

Door County Community Resource Program (Feed My People / Clothe My People) – This is a sharing program that belongs to the community. It is based on the philosophy of "neighbor helping neighbor". Perishable and nonperishable food is available free of charge to those in need. Clothing is also available free or at very low cost.

Call (920) 743-9053

Koinonia Kupboard – This is a food pantry operated by the First Baptist Church of Sister Bay. It is open Monday through Friday, from 9:00 a.m. to 3:00 p.m. and is located in the church at 954 S. Bayshore Drive, Sister Bay.

Call (920) 854-2544

- Holy Name of Mary Parish Located in Maplewood, the parish provides a food pantry to those in need. It is open on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Saturdays of the month from 10:00am to 12:00pm. Call (920) 856-6440
- Lakeshore Community Action Program (Lakeshore CAP) – A food pantry for individuals/families in need. Eligibility is based on monthly household income. An individual/family can pick up free perishable and nonperishable food once per month.

Call (920) 743-0192

♦ Loaves & Fishes Community Meals Ministry
This is a community-based program providing hot
meals to hungry individuals and families in Door
County. Local community members, led by
professional chefs, cook and serve delicious meals
to neighbors who might be struggling to make ends
meet. These meals are free and open to anyone.
No questions asked. Meals are served on the third
Friday of every month from 5:00 − 7:30 pm at
NWTC, 229 N. 14<sup>th</sup> Ave, Sturgeon Bay.

Call 743-6218 for more information.

Ministerial Association Fund – One-time emergency food vouchers are available to those in need.

Call 743-6218

- Salvation Army Food vouchers are available to families/individuals in need.
   Call Michael Van Dyke at the Department of Social Services – 746-2300
   During non-business hours, call the Sturgeon Bay Police Department at 746-2450 or Door County Sheriff's Department at 746-2400.
- SHARE Program, Door County Family Centers – A co-op program that offers low-cost food on a monthly basis. No membership dues or income guidelines. FoodShare accepted. Call Gina Wautier at 746-8785

#### **HEALTH CARE**

- Aurora Health Center This clinic is located at 1910 Alabama Street and offers a wide array of health services. An urgent care clinic is also available after hours. A satellite office, Nor Door Clinic, is located in Sister Bay. Call (920) 746-7200 (Sturgeon Bay) or (920) 854-2347 (Sister Bay)
- Community Clinic of Door County This clinic is located at 1623 Rhode Island Street. It provides non-urgent, primary health care services to individuals of all ages who have no insurance. Appointments are required.
  Call (920) 746-8989
- Door County Memorial Hospital Assistance with Completion of Power of Attorney for Health Care Documents – Social Worker Katie Graf and Chaplain Susan Johnson are available in the hospital Chapel to answer questions and assist individuals in completing Power of Attorney for Health Care documents on the 1<sup>st</sup> Wednesday of the month from 1:00 p.m. to 2:00 p.m.

Call Katie Graf or Susan Johnson at 746-5566 for more information

Door County Public Health Department – This agency provides an array of community services, including home visits by Public Health Nurses to assess and monitor health conditions, blood pressure screening clinics throughout the county, cholesterol screening, breast cancer, cervical cancer and other health screening through the Wisconsin Well Woman Program, immunization clinics for tetanus boosters and flu vaccines, foot care via county foot clinics, smoking cessation materials, community education programs and a County Sharps Collection Program for the appropriate disposal of needles and lancets as medical waste. Some services are fee-based and others are provided at no charge.

Call (920) 746-2334

Foot and Nail Clinic – Foot and nail services provided at Scandia Village Good Samaritan, 290 Smith Drive, Sister Bay, on the 3<sup>rd</sup> Tuesday of the month. Appointments from 8:30 a.m. to 12:30 p.m. are reserved for residents of the Scand campus. Appointments from 1:00 p.m. to 4:30 p.m. are open to the community. The fee for this service is \$18.00.

Call (920) 854-2317 to schedule an appointment.

#### Health Care (cont.)

♦ Forestville Foot Clinic - Foot care services provided by the Door County Public Health Department at Bayview Terrace South, 178 W. Park St., Forestville, on the second Monday of the month from 8:30 a.m. to 10:30 a.m. The fee for this service is minimal and based on an individual's income.

Call Dorothy Spindler at 856-6903 to schedule an appointment.

Ministry Home Care – This is a home health agency that provides services to individuals in their own homes. Services include skilled nursing care, physical therapy, occupational therapy, speech therapy and home health aide care. The agency is certified to bill Medicare, Medicaid and private insurance. A sliding fee scale is also available.

Call (920) 743-7983

North Shore Medical Clinic – This clinic is located at 323 S. 18<sup>th</sup> Avenue (connected to Door County Memorial Hospital). There are also branches in Algoma, Fish Creek and on Washington Island. These clinics provide a wide array of health services.

Call (920) 746-0510 (Sturgeon Bay) (920) 487-3496 (Algoma) (920) 868-3511 (Fish Creek) (920) 847-2424 (Washington Island)

♦ Parish Nurse Network – This non-profit organization, operated through Neighbor to Neighbor, is aimed at promoting health, wellness and healing through a holistic approach. Parish Nurses are matched with participating congregations and serve all members of the community, regardless of denomination or church affiliation. They serve as health counselors, health educators, client advocates and a source of spiritual support to those in need. Services are usually provided at no cost.

Call Jo Steber-VanGemert at (920) 493-0001

- Partners in Health / Dr. Joan Traver This clinic is located at 275 Smith Drive, Sister Bay and provides internal medicine primary care.
  Call (920) 854-4154
- Senior Foot Clinic Foot care services provided by the Door County Public Health Department at Lake Side Surgical Associates, 1843 Michigan Street, Sturgeon Bay, on Wednesdays from 9:00 a.m. to 11:30 a.m. The fee for this service is minimal and based on an individual's income. Call Karen at (920) 746-3570 (Door County Memorial Hospital) to schedule an appointment.

♦ Unity Hospice & Palliative Care – This agency meets the medical, psychological and spiritual needs of patients facing terminal illness and their families. Patients are helped to remain living in their own homes but services are also available in nursing homes and hospitals. Care is provided by teams of nurses, home care aides, social workers, physicians, counselors, chaplains and volunteers. Many of the services offered are covered by Medicare.

Call (920) 743-6440

Visiting Nurse Association (VNA) – This is a home health agency that serves Door County on a limited basis. Services are provided in an individual's home. Services include skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social work, personal care, companionship and homemaker services. The agency is certified to bill Medicare, Medicaid and private insurance. A sliding fee scale is also available.

Call (920) 743-8844

Wellness Center of Door County – This clinic is located at 312 N. 5<sup>th</sup> Avenue, Sturgeon Bay. It is open on Mondays from 10:00 a.m. to 7:00 p.m. and Tuesdays and Thursdays from 10:00 a.m. to 5:00 p.m. Office hours are also available at Dr. Traver's office (275 Smith Drive) in Sister Bay. This clinic provides affordable women's and reproductive health services for women and men of all ages. They also provide testing for HIV and STDs. Many services are free of charge. Appointments are required.

Call (920) 746-9444 for an appointment at either location.

#### **HOUSING**

- ♦ Door County Housing Authority Rental assistance provided to families, elderly, disabled and single individuals who qualify. Eligibility is based on household annual income. Call (920) 743-2545
- Door County Weatherization Program This program, administered by Women's Employment Project (WEP), seeks to reduce energy costs by making homes more energy efficient. Eligibility is tied to the Wisconsin Home Energy Assistance Program (WHEAP), administered by the Department of Social Services. If a person is eligible for WHEAP, he/she may also be eligible for weatherization.

Call WEP at (920) 743-7273

#### **Housing** (cont.)

Subsidized Housing For The Elderly – The following apartment complexes offer subsidized apartments for the elderly, either through their own programs or via Door County Housing Authority: Apple Valley Apartments in Sturgeon Bay, Bay View Terrace Apartments in Sturgeon Bay, Forestville and Sister Bay, Big Hill Regency Apartments in Sturgeon Bay, Orchard Valley Apartments in Sturgeon Bay, Oakwood Apartments in Sturgeon Bay and Williamstown Bay Apartments in Sturgeon Bay. Call each individual complex or the Door County Housing Authority: (920) 743-2545

#### Assisted Living Apartments:

The Meadows at Scandia Village – Located at 290 Smith Drive, Sister Bay.
Call Lynn Mattke at (920) 854-2317

#### Community-Based Residential Facilities (CBRF's):

- Cardinal Ridge Residential Care Located at 817 Circle Ridge Place, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, developmental disabilities and physical disabilities. Call Kris Dart at (920) 743-9289
- ♦ The Cornerstone of Sturgeon Bay Located at 204 N. Duluth Ave, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, mental illness and emotional disturbance.

#### Call Bobbi Pullon at (920) 746-7550

- Hearthside Cordial Care Located at 305 Fieldcrest Road, Sister Bay. Serves individuals with advanced age, Alzheimer's / other dementia and physical disabilities.
   Call Martha Coventry or Vicky Gonzales at (920) 854-7225
- Whispering Heights Located at 1704 Georgia Street, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, physical disabilities and terminal illness (including AIDS).
  - Call Jean Marsh at (920) 746-8998
- Whispering Pines Located at 1610 Georgia Street, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, physical disabilities and terminal illness (including AIDS).
  Call Jean Marsh at (920) 746-7080.
- Whispering Winds Located at 1630 Georgia Street, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's and other dementia.
  - Call Jean Marsh at (920) 746-8859.
- Woodview of Scandia Village Located at 294 Smith Drive, Sister Bay. Serves individuals with advanced age, Alzheimer's / other dementia and physical disabilities. Call Seida Reinhardt at (920) 854-7225

#### **Nursing Homes:**

- Door County Memorial Hospital Skilled Nursing Facility (SNF) – Located at 330 S. 18<sup>th</sup> Avenue, Sturgeon Bay (on the 2<sup>nd</sup> floor of the hospital). Call the Admissions Coordinator at (920) 746-3719
- Dorchester Health & Rehabilitation Center Located at 200 N. 7<sup>th</sup> Avenue, Sturgeon Bay.
   Call the Admissions Coordinator at (920) 743-6274 or (866) 279-5706
- Scandia Village Good Samaritan Located at 290 Smith Drive, Sister Bay.
   Call the Admissions Coordinator at (920) 854-2317

#### Residential Care Apartment Complexes (RCAC's):

 Pine Crest Village – Located at 1241 N. 18<sup>th</sup> Avenue, Sturgeon Bay.
 Call Amber Papke at (920) 746-1280

#### **IN-HOME SUPPORTIVE SERVICES**

♦ Door County Wraparound Program – This program is operated by NEW Curative. Trained personnel provide a variety of services tailored to the individual's needs. These include housekeeping, meal preparation, companionship, supervision, transportation, shopping/errands, medication monitoring, respite care and personal care assistance. Crisis assistance is available 24 hours a day.

#### Call Julie Destree at (800) 636-1161, ext. 176

- Home Instead Senior Care This agency provides non-medical home care to individuals in need of some assistance. Trained caregivers provide housekeeping assistance, meal preparation, companionship, supervision, respite care, transportation, shopping/errands and bathing assistance.
  Call Christy Wisniewski at (920) 743-9370
- Call Christy Wisniewski at (920) 743-9370
- Ideal Services This agency provides a variety of services including companionship, personal assistance, housekeeping, home administration, meal planning and preparation, errands, medication monitoring and transportation.

#### Call Mary Vig at (920) 746-9935

Specialized Services, LLC – This agency provides a wide variety of services to individuals in our community who are elderly, physically disabled, developmentally disabled or experiencing mental illness or alcohol/drug addictions. Trained staff provide housekeeping assistance, companionship, supervision, transportation, shopping/errands, skills development, money management assistance & Representative Payee services.

Call Ken Jeansonne or Amy Weckler at (920) 743-8316

#### **INFORMATION, REFERRAL AND SUPPORT**

Door County Department of Social Services - The Adult Services Unit provides programs intended to assist elderly and those with physical disabilities to remain living in their own homes as independently as possible. If eligible, services such as housekeeping assistance, shopping/errands, meal preparation, congregate/home delivered meals, companionship, supervision, respite care, Lifeline, snow removal, lawn care, medical equipment, home modifications and specialized medical supplies can be provided and paid for through one of these programs. Programmatic and financial eligibility requirements vary by program. Other services offered include Adult Protective Services, "Wheel" Shop For You volunteer shopping program, Adult Family Home program and Volunteer Guardianship Program.

Call (920) 746-2300

Door County Senior Resource Center – This public agency provides information and assistance, congregate and home delivered meals, benefit counseling, transportation, activities and educational programming for older adults in Door County.

Call (920) 746-2542

Door County Sexual Assault Center – This agency provides crisis and supportive services for sexual assault victims of all ages. Phones are answered 24 hours a day.

Call (920) 746-8996

♦ Family Centers of Door County – This group provides a variety of activities for senior citizens and young families at several locations throughout the county. Check the website for a current schedule (www.doorcountyfamilycenters.com). There is an Older Adult Breakfast Social at the Town Hall in Maplewood every 1<sup>st</sup> Wednesday of the month. Frequent events for seniors are also held at the Washington Island Family Center.

Call Gina Wautier at (920) 743-8785 or: Fish Creek Coordinator Kathy Schultz: (920) 868-3660

Sister Bay Coordinator Amanda Morey: (920) 854-4244

Sturgeon Bay Coordinator Christy Randall: (920) 743-4949

Southern Door Coordinator Sue De Kelver: (920) 856-6616

Washington Island Coord. Hervy Hodges: (920) 847-2226

HELP of Door County – This is a non-profit agency which administers a variety of programs. These include crisis intervention (crisis counseling, general information, referral and support), domestic violence assistance (temporary shelter, emergency transportation, advocacy, short-term counseling and support groups), transitional living assistance (housing to homeless victims of domestic violence, goal setting skills, budgetary help, advocacy and stability), advocacy and short-term counseling.

Call (920) 743-8818

♦ Neighbor to Neighbor – This is a non-profit umbrella agency for a number of programs. These include Respite Care of Door County, a medical equipment loan closet, Peer Companion Program, Parish Nurse Network and the Caregiver Support Network of Door County. Respite Care of Door County provides volunteers to stay with a loved one, bring meals and help with chores so that the caregiver can have a break. The Peer Companion Program matches trained volunteers – themselves age 60+ –with individuals in need of companionship and support. The volunteers provide a safe, non-threatening way for elderly individuals to cope with grief, loneliness and isolation and help them bridge the gap to community resources if needed.

Call Sandi Blevins at (920) 743-7800

#### LEGAL ASSISTANCE

Elder Law Center – This is a public interest legal services program operated under the umbrella of the Coalition of Wisconsin Aging Groups (CWAG). The Center's primary goal is to provide accurate, up-to-date legal information, education and services to clients, individuals and organizations. The Center provides service through several ongoing initiatives as well. These include the Elder Financial Exploitation Project, the Medicare/Medicaid Fraud Project and the Wisconsin Guardianship Support Center. With the exception of some training programs and publications, most services are provided at no charge.

Call (800) 366-2990

Legal Aid of Door County - This program provides legal services to financially and case eligible clients. Clients with legal problems are referred to an attorney willing to provide services at no charge. To be eligible for this service, applicants must meet federal eligibility requirements.

Call (920) 743-3934

Legal Services of Northeastern Wisconsin, Inc. – This agency provides free legal assistance for eligible low-income persons in selected areas of law. Services are limited based on available funding and volunteer resources. Door County is served by the Green Bay office.

Call (800) 236-1127 or (920) 432-4645

#### **MENTAL HEALTH SERVICES**

Door County Department of Community Programs – This is a publicly funded human service agency providing a comprehensive range of services to assist Door County residents with mental health/emotional wellness, alcohol and other drug abuse issues, developmental disabilities and severe and persistent mental illness.

Call (920) 746-2345

- Catholic Charities (Susan McAninch, MSW) Individual, couple and family counseling available to assist in resolving a variety of issues. Certified to bill Medicare, Medicaid and some private insurance. A sliding fee scale is also available. Call Susan McAninch at (920) 495-0162
- Counseling Associates of Door County This agency provides a wide range of counseling services to citizens of all ages.

Call (920) 743-9554

Interpersonal Therapy – Therapist Sara Edwards provides non-traditional therapeutic experiences for clients of all ages. Payment is required at the time of service and submission to insurance for reimbursement is the responsibility of the client.

Call 746-6772

Keystone Psychology, LLC (Kevin Miller, PhD) – Provides psychological assessment, testing and counseling services to individuals and families. Certified to bill Medicare and some private insurance. A sliding fee scale is also available.

Call Kevin Miller at (920) 559-7792

Dennis White, PhD – Dr. White provides a variety of clinical and consulting services to individuals and agencies in Door County. Accepts most health insurances, Medicare and Medicaid. Call (920) 746-1346

### PERSONAL EMERGENCY RESPONSE SYSTEMS

Door County Memorial Hospital Lifeline – This program provides a means for elderly or disabled individuals as well as those with significant health issues to access immediate help when needed. A Lifeline button is worn around the neck or wrist. When pressed, the button immediately calls the Lifeline call center who, in turn, dispatches the help needed (either a previously selected "responder" or emergency personnel). Reminders to take medications, etc. can also be programmed into the Lifeline unit. Call Sandy Sievert at (920) 743-5566

♦ VNA Lifeline – This program provides a means for elderly or disabled individuals as well as those with significant health issues to access immediate help when needed. A Lifeline button is worn around the neck or wrist. When pressed, the button immediately calls the Lifeline call center who, in turn, dispatches the help needed (either a previously selected "responder" or emergency personnel). Individuals are encouraged to utilize their buttons for companionship as well. Reminders for medications, etc. can also be programmed into the Lifeline unit. VNA Lifeline is based in Kewaunee but serves all of Door County as well as Brown, Kewaunee and Manitowoc Counties.

Call Mary Kay Shaw at (800) 508-5527

#### **PHARMACIES**

- Aurora Pharmacy Located within the Aurora Health Center in Sturgeon Bay.
   Call (920) 746-7340
- Bay Pharmacy A full-service community pharmacy that is locally owned & operated. Located in the Cherry Point Mall.
   Call (920) 746-2977
- Sister Bay Pharmacy A locally owned and operated pharmacy in Northern Door County. Call (920) 854-4121
- Walgreens Pharmacy Located at the corner of Duluth Avenue and Hwy. 42/57 on the west side of Sturgeon Bay.
   Call (920) 746-5245
- Wal Mart Pharmacy Located within the Wal Mart store in Sturgeon Bay.
   Call (920) 746-0412

#### PRESCRIPTION DRUG ASSISTANCE

- Center for Medicare and Medicaid Services

   Information & assistance regarding Medicare sponsored prescription drug plans.

   Call 1-800-MEDICARE (800) 633-4227 (Or visit <a href="www.medicare.gov">www.medicare.gov</a>)
- Coalition of Wisconsin Aging Groups Provides information and assistance for individuals 60 years old and over. They offer assistance specific to prescription drug coverage available in Wisconsin.

Call toll free (866) 456-8211 (Or visit www.wismedrx.org)

♦ **Door County Benefit Specialist** – Assists those aged 60 and over explore available options for prescription drug coverage and how to access them.

Call Lynn Christenson at (920) 746-2546, Senior Resource Center

#### <u>Prescription Drug Assistance</u> (cont.)

Drug Company Patient Assistance Programs – These programs are designed to provide free medications to individuals who have a low income and cannot otherwise afford their medications. Not all medications can be funded through these programs. To determine eligibility, pharmaceutical companies rely on the physician's assessment of patient need.

Call your physician for more information and assistance in applying.

Wisconsin Coalition for Advocacy's Disability Drug Benefit Helpline – Provides assistance for those under the age of 60 who are disabled and eligible for Medicare.

Call (800) 926-4862

(Or visit www.w-c-a.org/pages/partd.html)

#### **SUPPORT GROUPS**

Brain Injury Support Group – This group is designed to provide education and support to victims of traumatic brain injury and those who care for them. Meetings are held monthly at Immanuel Lutheran Church in Baileys Harbor.

Call Kathleen Nostvick at 839-9307

- ♦ Caregiver Support Group of Door County These groups provide an avenue of support for anyone caring for a loved one or friend. Meetings provide support, information and the opportunity for more formalized education. One group meets on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month from 1:00 2:30 p.m. at the United Methodist Church in Sturgeon Bay. Another group meets on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 1:00 2:30 p.m. at the Sister Bay / Liberty Grove Library.
  - Call (920) 743-7800 for more information or to register
- ♦ Compassionate Friends This is a self-help support group for bereaved parents, grandparents and siblings who have lost a child of any age. Sessions include a mixture of support and education. Meetings are held on the 2<sup>nd</sup> Thursday of the month at 7:00 p.m. at Door County Memorial Hospital in Sturgeon Bay.

Call Carol Moellenberndt at 743-3476

♦ Dementia Caregiver's Support Group – This group is sponsored by the Alzheimer's Association and provides support and education to caregivers of those with Alzheimer's or another form of dementia. Meetings are held on the first Monday of the month at 1:30 p.m. at Scandia Village Good Samaritan in Sister Bay.

Call Joann Thomas or Carrie Kostreva at (920) 854-2317

♦ Door County Stroke Support Group – This group is for those who have experienced a stroke, their families and interested friends. Sessions include both group discussion and an educational component. Meetings are usually held on the 2<sup>nd</sup> Thursday of the month around lunchtime. The location varies.

Call Tracy Counard at 487-9888 (DCMH Rehab in Algoma) or 746-0410 (DCMH Rehab in Sturgeon Bay)

"Door of Hope" – This is an ongoing grief support group as well as intermittent five-week grief support sessions. The ongoing group is on the first Friday of every month at 11:00 a.m. at St. Paul's Catholic Church in Fish Creek. No registration is necessary for this group.

Call Chaplain Joan Carlson for more information at (920) 868-9471. To register for the five-week grief support sessions, call the Northern Door Office of the Catholic Parishes at (920) 868-3241.

♦ Heart to Heart Cancer Support Group — This group is intended for those affected by cancer and their loved ones. Sessions provide support and speakers on topics of interest. Meetings are held on the 1<sup>st</sup> Monday of the month from 6:00 − 7:30 p.m. in the conference center at Door County Memorial Hospital.

Call Sharon Murrock at 743-5566, Steve Kazmar at 743-1873 or Mary Lou at 823-2433.

- ♦ The Lemonade Club Cancer Survivors Support Group – This group is intended for those afflicted by cancer and their loved ones. Members share lunch (although it is not required that participants eat), friendship and support. The group provides a social outlet and some education as well. Meetings are held on the 2<sup>nd</sup> Wednesday of the month at 12:00 p.m. at The Reef in Sturgeon Bay. Call Sandi Blevins at 743-7800
- ♦ National Alliance for Mental Illness (NAMI) Support Group – This group provides support for individuals dealing with mental illness, their family members and friends. Meetings are held on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month at 6:00 pm at Hope United Church of Christ in Sturgeon Bay. Educational sessions, featuring various guest presenters, are also held on the 2<sup>nd</sup> Monday of the month at 7:15 p.m. Call Marlys Trunkhill at 743-6162 or HELP of Door County at 743-8818 for more information. Advance registration is not necessary.

#### **Support Groups** (cont.)

♦ Parkinson's Support Group – This group is intended for those who are experiencing Parkinson's as well as their support people. The focus is on education but each session also includes time for socializing and sharing. Meetings are held on the 1<sup>st</sup> Thursday of the month from 1:00 – 2:30 p.m. at United Methodist Church in Sturgeon Bay.

Call Carol Moellenberndt at 743-3476

- ♦ Sexual Abuse Support Group for Women This group provides a safe and confidential place for women to gain support as they cope with issues of past or present sexual violation. It is free and open to any woman who has experienced sexual assault or sexual abuse. Meetings are held on the 4<sup>th</sup> Monday of the month from 6:30 p.m. to 8:00 p.m. at Hope United Church of Christ in Sturgeon Bay.
  - Call the Door County Sexual Assault Center at 746-8996 for more information. Advance registration is appreciated.
- ♦ Strength For Living Breast Cancer Support Group
   This group provides support to those battling breast
  cancer. Meetings are held on the 4<sup>th</sup> Wednesday of the
  month at 6:30 p.m. at Door County Memorial Hospital.
  Call Sandy McKuen at (920) 746-8451 or
  Carol Toneys at (920) 743-9711
- Women's Issues Group This is a supportive and social group intended to provide women age 50 and older with an outlet to come together and discuss a variety of issues, from health issues and relationships to recipes and crafts. Meetings are held at HELP of Door County on the 2<sup>nd</sup> Tuesday of the month from 10:30 a.m. to 12:00 p.m.

Call Orlaine Gabert at 743-8785.

#### **TRANSPORTATION**

Door County Department of Social Services – Trained volunteer drivers provide transportation to medical appointments for individuals who have Medicaid (MA). Individuals can also request reimbursement for transportation to MA-covered medical appointments provided by family or friends. However, certain conditions apply and rides must be pre-authorized in order to receive reimbursement.

Call (920) 746-2300

- Door County Green Bay Shuttle & Taxi Taxi and shuttle service within Door County and to Green Bay. Hours and rates vary.
  - Call (920) 746-0500
- Medi Van of Green Bay Provides transportation throughout Door County as well as to Milwaukee, Madison and Marshfield. Can bill M.A. or privately as appropriate. Van with wheel chair lift available. Call 1-800-236-4555

- N.E.W. Transport This is a medical transport company that provides rides to medical appointments and can bill Medicare and Medicaid as appropriate.
   Call (800) 505-7411
- ♦ Red Cross Transportation Service— Provides transportation to medical appointments, nutritional, educational, employment, social and recreational outings at minimal cost. Trained volunteer drivers provide rides both in Door County and to/from Green Bay on a regular schedule. Medical appointments are given priority when scheduling. Door County residents with a disability or those who are age 60 or older are eligible for this service. Call 746-2167 to register or to schedule a ride
- Senior Bus This bus is operated by the Senior Resource Center. Rides are given to the Senior Center for meals as well as for shopping, appointments and recreation. The bus operates within the city of Sturgeon Bay and also travels to Northern Door and Southern Door each one day per week. There is a minimal cost for the trip. Anyone age 55 or older is eligible to ride. Call 746-2542 for information or to schedule a ride
- Service Cab Service is available within a 15 mile radius of Sturgeon Bay. Riders must be able to get in and out of the cab on their own. Hours and rates vary. Call (920) 743-3443
- ♦ Sunshine House Bus This bus provides transportation primarily for those individuals who are served by Sunshine House. However, other organizations can contract for transportation service as well.

Call 743-7943

#### **VOLUNTEER OPPORTUNITIES**

Volunteer Center of Door County – This is a non-profit agency whose goal is to connect willing volunteers with community organizations in need of their assistance. Contact Chris Henkel at (920) 746-7704



If your organization would like to suggest additions or corrections, please email Erin Szakala at eszakala@co.door.wi.us or call her at 746-2300.



Updated: 12/01//05

Disclaimer: This list was compiled by the Department of Social Services in an effort to assist individuals in locating services in our community. However, it may not be all inclusive or completely accurate. Further, Door County does not endorse or recommend any of the providers or services listed. Door County accepts no liability for the consequences of any actions taken on the basis of the information provided. The user assumes the entire risk related to his/her/its use of this information.